

National StR Study Day

**26TH NOVEMBER 2025, HELIX@UNIVERSITY OF LEEDS
EC STONER BUILDING, WOODHOUSE, LEEDS LS2 3AR**

8.15AM	Registration & Refreshments
8.45AM	StR Group sessions
	Case based discussions Dr Imran Suida, Dr Hanya Mahmood, Dr Sylwia Nowak
	Piezosurgery tutorial Dr Richard Moore
	Anatomy and injectables tutorial Dr Yousrah Ahmed
11:50PM	Trainee meeting Dr Sophina Mahmood
12.20PM	Lunch
1.20PM	Sinus lifting Dr Rob Bolt
2.20PM	Block bone grafting Dr Simon Atkins
3:10PM	Refreshment break
3.20PM	Case based discussions Dr Gavin Wilson, Dr Imran Suida
4.30PM	Close

Speaker biographies

Dr Richard Moore



Richard Moore is an Honorary Consultant Oral Surgeon at Leeds Teaching Hospitals NHS Trust and a Clinical Lecturer in Oral Surgery at the University of Leeds. His expertise spans complex dentoalveolar surgery, management of medically compromised patients, dental implants, third molar surgery, and treatment under conscious sedation. He is also an Advanced Life Support Instructor and Provider for the Resuscitation Council UK, and an experienced examiner for the MFDS at the Royal College of Surgeons of England and Deputy Chair for the FDS (OSO).

Currently in the final stages of his PhD at the University of Leeds, his research focuses on referral behaviours of general dental practitioners to specialist oral surgery services, with a wider interest in access to care, service delivery, and clinical education.

Passionate about mentoring and professional development, Richard continues to train and support clinicians across the UK, contributing to the advancement of both clinical practice and dental education.

Dr Yousrah Ahmed



Dr Yousrah Ahmed qualified from the University of Manchester initially as a dental therapist in 2006, then after a year in practice, wanted to further enhance her training and skills, and went on to study as a Dentist. She qualified in 2012. Dr Ahmed's experience of treating patients and dedication to continuously enhance her clinical skills drove her to training in aesthetics. She has been in the aesthetic field since 2014 and has a Diploma in Clinical aesthetic injectable therapies.

Dr Yousrah has been a clinical trainer since 2018, and has worked with OTHM awarding body and has been involved in writing qualification specifications, as well as being a member of the British Society of Aesthetic examiners & Assessors.

Dr Yousrah is a national Key opinion leader for Relife Menarini and is involved in training medics in the Relife fillers, Peels as well as threads.

She has recently joined Interface Aesthetics as a clinical trainer and Level 7 Mentor.

As a medical aesthetic practitioner, Dr Yousrah believes in using only the highest quality materials and products which are evidence-based to ensure the best, safe and natural results for her patients. She also believes in sharing her knowledge and experience with her trainees to promote a safe holistic approach to treating patients.

Dr Imran Suida



Dr Imran Suida is a Consultant in Oral Surgery and Clinical Lead at Calderdale & Huddersfield NHS Foundation Trust. Dr Suida graduated from the University of Leeds in 2008, and undertook further postgraduate training including completion of MOralSurg and additional certificates in Healthcare Leadership and Healthcare Education.

Dr Hanya Mahmood



Dr Mahmood graduated from the University of Birmingham in 2012. Following this, she completed Dental Foundation Training (2012-2013) and multiple Dental Core Training posts in Oral & Maxillofacial Surgery, Oral Medicine, Oral Pathology and Radiology (2012-2018). During this time, she gained MFDS at the Royal College of Surgeons of Edinburgh, Postgraduate Certificate in Medical Education (2017), Fellowship of the Higher Education Academy (2017) and Diploma in Conscious Sedation (Merit, 2018). She was subsequently appointed as an NIHR Academic Clinical Fellow in Oral Surgery during which she completed higher surgical training with award of MOralSurg (2021).

Dr Mahmood has an outstanding track record in research, having completed a Masters in Clinical Research with Distinction (2021) and a prestigious NIHR Doctoral Research Fellowship (2021–2024), which supported her PhD on the application of Artificial Intelligence for early oral cancer detection. Her work has been recognised nationally and internationally, earning several notable awards, including the BSODR Presidents Prize (2025) for significant contributions to translational clinical research and the BSODR Senior Colgate Award (2023), the UK's most prestigious PhD-level prize in Oral & Dental Research. Additional accolades include the IADR Oral Medicine & Pathology Research Prize (2022), ABAOMS Research Prize (2023), and BSOMP Potts Research Prize (2022). In recognition of her academic and clinical achievements, she was promoted to Senior Clinical Lecturer and Honorary Consultant Oral Surgeon at the School of Clinical Dentistry, University of Sheffield, in 2024.

Dr Sylwia Nowak



Sylwia Nowak is a Senior Oral Surgery Registrar in the Yorkshire and Humber region and a current Clinical Leadership Fellow on the Future Leaders Programme at Leeds Teaching Hospitals NHS Trust. She is actively involved in research and quality improvement, having authored several peer-reviewed publications and presented audit and research projects at national and international meetings. In 2024, she was awarded an ABAOMS–FDS funded research fellowship to study the “Green Bone”.

Her clinical interests include third molar surgery, paediatric oral surgery, bone disease and conscious sedation. She is passionate about teaching and holds a Postgraduate Certificate in Medical Education. Sylwia has designed and delivered a sedation accreditation course for General Dental Practitioners and Dental Core Trainees. She supports postgraduate dentist education by leading national webinars, contributing to regional study days and delivering mock examinations for registrars, alongside her commitment to the Royal College of Surgeons as an MFDS examiner.

Dr Rob Bolt



Dr. Robert Bolt is a Senior Clinical Lecturer and Honorary Consultant in Oral Surgery. He is both medically and dentally qualified and is Director of the University of Sheffield's "One-to-One" dental implantology course. Dr. Bolt completed a PhD relating to the role of the microenvironment in the management of HPV-related oropharyngeal carcinoma in 2015, and continues to work in both clinical and in-vitro fields of research.

Dr. Bolt's interests include dental implantology, HPV-related oropharyngeal carcinoma, 3D tissue culture modelling, pre- & peri-operative anxiety management, and bone augmentation.

Dr. Bolt was successful in being awarded a joint Yorkshire Cancer Research/ Cancer Research UK Clinical Research Fellowship in 2012, from which he received the Senior Colgate Prize for work relating to his PhD in 2015. He is currently working alongside Dr. Keith Hunter in the cohort analysis of HPV-related oropharyngeal carcinomas. He is also co-investigator in the HTA MAGIC trial, and recently secured an FDS grant with Dr. Stuart Hunt for the analysis of salivary vesicles in relation to cancers of the Head & Neck region.

Dr Simon Atkins



Dr Atkins completed his higher surgical training (ACCOMS) in 2012. Following this he was appointed as Senior Clinical Lecturer/Consultant Oral Surgeon at the University of Sheffield/Sheffield Teaching Hospitals NHS Trust. He provides the major clinical input to maintain Sheffield as a leading internationally renowned specialist centre for nerve repair and exploration. He is an expert in the surgical management of trigeminal nerve injuries. Other interests include: implantology, tissue augmentation, and paediatric surgery. His primary research interest mechanisms surrounding regeneration following peripheral nerve repair, and the development of agents to improve recovery.

Dr Gavin Wilson



Dr Gavin Wilson graduated from the University of Glasgow in 2012. Gavin is a Consultant Oral Surgeon working at the NHS Forth Valley Trust in Scotland. He has a special interest in conscious sedation — an interest which grew following his completion of a Postgraduate Diploma in Conscious Sedation at Newcastle University. He also holds an MBA (2021) from the University of Bradford. Gavin is a specialist advisor at the Care Quality Commission, where he previously carried out a project assessing sedation delivery within primary dental practice across England.

Study Day Team

Dr Sophina Mahmood



Dr Aisha Patel



Dr Helen Clark



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